**Meninas Football Club**

2020-2021 season

Try – Learn – Improve – Enjoy

As a player I will:

* always try my best in all training sessions and matches, listen to my coaches and teammates and treat them with respect.
* attend all training sessions, unless I have an acceptable reason.
* wear my training top, shinpads, shorts, socks or tracksuit bottoms to all training sessions, plus a rain jacket if it is cold.
* arrive to matches at least half an hour before kick-off wearing my kit.
* play whichever position my coach asks me to, during training and on matchdays, recognising it is to help me improve as a player.
* shake hands with the opposition’s players and referee before and after the match.
* encourage all my teammates, on and off the pitch, remembering that the team is the most important.
* shake hands with / high five coaching staff and substitutes when I am substituted during a match.
* celebrate goals and individual pieces of brilliance (saves, tackles) as part of the team.